## Training Structure

Requirements for certification as an INLPTA Trainer are:

The Trainer’s Training is/was conducted by an INLPTA Trainers Trainer authorized to do so by the INLPTA Board of Directors.

The certification training meets INLPTA training structure requirements.
- minimum of **150 hours** of formal course room training.
  (excluding breaks longer than 30 minutes)
- minimum of **19 days** of formal course room training.

The attended training meets the INLPTA accreditation competency standards and guidelines.

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### General criteria for NLP Trainer

- The candidate is of INLPTA NLP Master Practitioner accredited status.
- The candidate has attended and successfully completed an INLPTA Trainers training.
- The candidate has successfully met the INLPTA competency requirements for an INLPTA Trainer, assessed by at least two authorized INLPTA Trainer Trainers.
- The candidate has successfully completed the following:
  - Written assessment of intellectual integration of Practitioner, Master Practitioner, and Trainer content (at least 85% correct).
  - Behavioral Assessment of presentation and training skill levels.
  - At least two (30 min. +) evaluated NLP presentations before an audience with feedback from the audience and the INLPTA Trainers Trainer.
  - An unannounced impromptu presentation and / or demonstration of an NLP content piece or technique before an audience.
  - Assessment of competency in training design.
  - Demonstrated attitude based on ecology, learning, and the living embodiment of the presuppositions of NLP.
- It is strongly recommended that the candidate has either reviewed and / or assisted with a Practitioner and Master Practitioner program since their original training at those levels as a student.
- It is strongly recommended that the candidate has received 20 hours of either personal coaching, supervision, or therapy by a certified INLPTA NLP Trainer.

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### Intellectual and behavioral Comptencys

An INLPTA NLP Trainer is expected to demonstrate intellectual and behavioral competence in the following areas at appropriate levels of frames, principles, techniques and distinctions:
- Excellence in attitudinal, behavioral, and intellectual competency in all Practitioner and Master Practitioner level skills and the demonstrated ability to do several patterns simultaneously at multiple levels.

- Demonstrated ability to design a complete INLPTA Practitioner and Master Practitioner accreditation training.

- Demonstrated ability to design and conduct the delivery of NLP content chunks.

- Demonstrated ability to facilitate within students the learning of NLP content and the development of NLP skills and attitudes.

- Demonstrated ability to establish and maintain excellent levels of rapport with all participants, colleagues and trainers.

- Demonstrated ability to design and facilitate group inductions overtly and covertly.

- Demonstrated ability to establish and maintain rapport with groups.

- Demonstrated ability to work ecologically with groups.

- Demonstrated ability to pace and lead a group in ecological directions.

- Demonstrated ability to model the learner.

- Demonstrated ability to pace, lead, incorporate and utilize the differences in world views between students-students and trainer-student(s).

- Demonstrated ability to utilize Satir Categories as applied to group communication.

- Demonstrated ability to design, facilitate and debrief exercises.

- Demonstrated ability to deliver instructions for exercises.

- Demonstrated ability to demonstrate all Practitioner and Master Practitioner patterns overtly and covertly.

- Demonstrated ability to establish and utilize stage anchors.

- Demonstrated ability to design and deliver nested loops.

- Demonstrated ability to answer questions and facilitate unconscious processes in an open frame.

- Demonstrated ability to coach by facilitating unconscious learning processes.

- Demonstrated ability to utilize environmental influences to facilitate optimum learning at conscious and unconscious levels.

- Demonstrated ability to facilitate learning at different logical levels and of different logical types.

- Demonstrated ability to design and conduct trainings that facilitate different adult learning styles.

- Demonstrated ability to appropriately assess and evaluate students at Practitioner and Master Practitioner levels.

- Behavioral demonstration of being able to “walk what you talk and talk what you walk”.
- Excellent state control, emotional stability, stress resistance and self management.
- Demonstrated ability to know and process your own model of the world and to adjust yourself congruently, ecologically, and respectfully to another person's model of the world.
- Demonstrated ability to handle and resolve conflict, and to make effective and ecological decisions as appropriate to context.
- Basic understanding of common knowledge models from psychology, physiology, brain research, therapy and other related areas to NLP.
- Demonstrated ability to design, deliver and utilize metaphors in training.
- Demonstrated ability to give and receive feedback in educative and self evolutionary ways.
- Demonstrated ability to design, deliver and facilitate educative tasking.
- Demonstrated ability to handle hecklers, under achievers, "problem" cases, ecological and / or ethical issues.
- Demonstrated ability to calibrate groups and to respond accordingly.
- Demonstrated ability to alter one's own training style as appropriate to context, audience and outcome.

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<tr>
<th>INLPTA USA / America / middle East</th>
<th>INLPTA Europe</th>
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